

The Phase is Complete. The Dream is Here.

May 5 - 7 | Your Masjid's Inauguration Weekend
Department Exhibits, Speeches, the Dinner, and more!



A Compassionate Community

FUNDRAISING DINNER

MAY 6, 2017 | 5:00 PM



PERFORMANCES BY ADAMS MIST NATIONALS TEAM AND ADAMS BEAT

TICKETS: WWW.ADAMSCENTER.BROWNPAPERTICKETS.COM

Hyatt Regency Dulles

2300 Dulles Corner Blvd, Herndon, VA 20171

Registration: 5:00 PM | Program Start : 6:00 PM | Dinner: 7:00 PM

COMING UP...

YMES Sully Spirit Month (Fundraiser)
All of April | Mention "YMES Sully"
15% of food purchases will go toward fundraiser
Kabul Kabob - 4500 Daly Dr, Chantilly, VA 20151

Interfaith Food Packing Initiative
April 23rd | Christian Fellowship Church
21673 Beaumeade Cr., Ashburn, VA 20147
Two shifts: 3:30PM-5PM, 6PM-7:30P
Registration Deadline - April 5th
Visit www.adamscenter.org to register.

Your Masjid's Inauguration
May 5 - May 7 | ADAMS Sterling

A Compassionate Community
ADAMS Fundraising Dinner
Saturday | May 6 | Hyatt Regency Dulles
<http://adamscenter.brownpapertickets.com/>

ADAMS STERLING

Earth Day Event with Imam Magid
Friday | April 21st | 6:30 PM - 8:00 PM
Environment, Sustainability, and Islam.
Connect your deen with your daily life
Register at www.adamscenter.org

Haji Noor Deen - Master Calligrapher
Saturday | April 22nd | 12:30 PM - ASR
ADAMS YEP Special Program, Islam & the Arts: The Beauty of Islamic Calligraphy, Gallery & Exhibit: Pieces for Observation and Purchase



At Shalimar Kabab House of Kabob, our purpose is to create and serve food with character – food that you love and crave.

Shalimar Kabab

46000 Old Ox Rd, Unit 108, Sterling VA 20166
703-326-0044 • www.shalimarkabab.com



ADAMS Center, a spiritually strong, well educated, and civically responsible community, is here today to see our future generations grow in the new expanded Masjid. Please support our programs as we continue to improve our services & empower our community:

- Education
- Youth Programs
- Social work
- Civic Engagement
- Interfaith
- Religious Services

ADAMS KHUTBAH REMINDER

The additional notes below are to help you benefit from the Khutbah.

Objective: To understand, self-diagnose, and cure the disease of the heart, ghadab (anger).

- What is anger?
 - Anger is the opposite of satisfaction. Anger is from people and from Allah.
 - From people, it is something that enters the heart and is either praiseworthy or not.
 - Praiseworthy anger is whatever is in accordance with the deen.
 - All other angers are blameworthy
 - For Allah, it is for the punishment for those who disobeyed Him
- How to understand anger Islamically
 - Allah has created emotions and impulses as part of our test
 - As such, anger is a test of how we control powerful emotions for Allah's pleasure in our quest to be of the Muhsineen:
 - "Who spend [in the cause of Allah] during ease and hardship and who restrain anger and who pardon the people - and Allah loves the doers of good." [3:134]
 - Anger is something to be restrained and controlled
 - "Messenger of Allah (ﷺ) said, 'The strong man is not the one who wrestles, but the strong man is in fact the one who controls himself in a fit of rage.'" (Bukhari and Muslim)
- How to diagnose one has an anger
 - Becoming irritated when the truth is represented
 - Feeling of entitlement, and being upset when not given what one feels entitled to
 - When other people say one has an anger problem
 - When one obsesses over revenge
 - When one does not accept Allah's will
- How to manage anger Islamically
 - First, to understand that Islamic management of anger is not about expression but reorientation
 - Techniques from the Qur'an and Sunnah
 - And not equal are the good deed and the bad. Repel [evil] by that [deed] which is better; and thereupon the one whom between you and him is enmity [will become] as though he was a devoted friend. [41:34]
 - The Messenger of Allah (ﷺ) said to us: *When one of you becomes angry while standing, he should sit down. If the anger leaves him, well and good; otherwise he should lie down.* (Sunan Abi Dawud)
 - AbuWa'il al-Qass said: *We entered upon Urwah ibn Muhammad ibn as-Sa'di. A man spoke to him and made him angry. So he stood and performed ablution; he then returned and performed ablution, and said: My father told me on the authority of my grandfather Atiyyah who reported the Messenger of Allah (ﷺ) as saying: Anger comes from the devil, the devil was created of fire, and fire is extinguished only with water; so when one of you becomes angry, he should perform ablution.* (Abu Dawud)

No health insurance?

Low income?

FREE DOCTOR
VISIT

Call (703) 542 - 3366

4431 Brookfield Corporate Dr, Unit F, Chantilly VA 20151
www.achnhealth.org contact@achnhealth.org

Seeking additional PCP volunteers!

ADVERTISE HERE!

- Distribution to all **11 ADAMS locations** servicing **25 Jum'as** in the Northern Virginia
- For one week, viewed by over **11,000 people** on ADAMS Website
- Sent to over **6,000 emails** on the ADAMS Listserve

For more details please email amer.ahmad@adamscenter.org

Recognized
by VA
General
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Read about
ACHN in The
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